# Hyderabadi teen's debut book of poems mulls on the need to pause and enjoy the ellipses in life

Anusha Banerjee, was a shy, quiet kid. But she always found a lot to muse about. When the thoughts couldn't stay within, she let them bubble out as verse. And that's how her very first book, *Ellipsis*, an anthology of 15 poems, was born. Talking about her poetry, the 12th grader who is studying science at Oakridge International School, Gachibowli, says, "Ellipsis acts like an interlude, emphasising the fact that very often the meaning is in hidden in what is missed, or left unsaid. This is true of life as well. That's what my poems reflect. They talk about all that we miss out on when we unknowingly race along, like a run-on sentence, forgetting to use commas, dashes or find time for an extensive pause.. A published book at 17 is

achievement alright, but Anusha says she's always been a writer at heart. **MY POEMS** ever since she began at the age of 10 **TALK ABOUT ALI** While writing is her THAT WE MISS OUT first love, she aspires to pursue a ON WHEN WE RACE career in scientific **ALONG IN LIFE** research, alongside writing. **WITHOUT A** 

Needless to say, her PAUSE.... teachers are proud of her. "We are happy to see she enjoys this sense of freedom to think, doubt, let her mind wander and wonder, and find comfort in being herself at Oakridge. The school has been like a home for her, where she

> 5 3

3

Level: Medium

GARFIELD

**BEAU PEEP** 

8

6

4

THIS YEAR I THOUGHT I'D GIVE YOU SOMETHING TRADITIONAL...

DANCING LESSONS

£20

ELECTION

OH, MY GOSH, WOT A ROAD ---

ARE THEY

KIDDING?

4



that

imagination",

How To PLAY

Fill in the grid

so that every

horizontal row

every vertical

column and

contains the

digits 1-9,

repeating the

numbers in

column or

the same row

box. You can't

change the

digits already

given in the

puzzle has

THAT I MADE MYSELF!

1/

DANCING

\$20

20163

ER EXCUSE ME SIR!

MA'AM, BUT DO

YOU WEAR

one solution

without

every 3x3 box

tured

Anusha's class teacher

BENNETT

UNIVERSITY

THE TIMES GROUP

bennett.edu.in

6

ENGINEERING | MANAGEMENT | MEDIA | LAW | LIBERAL ARTS

**SUDOKU CHALLENGE** 

5 9

8 5

This book shows her maturity teresting and remarkable insight into life at such a tender age. At Oakridge, her we encourage our students to go after their dreams, to not be afraid says Babita Deou, to express their thoughts, feelings and ideas, and to always be cre-Hema Chennupaty, Principal, ative. While all credit goes to her Oakridge Gachibowli says, "We for making the most of her time and talent. I'd also give kudos to are very proud of Anusha's achievement. She is not only doher parents for their encouragelearnt to explore and grow a lit- ing very well academically but ment and support and her teachhas carved out time to create this ers for their guidance.

How to play

1. A numbe

may appear

just once in

each row or

Eliminate

darkening

cells. (see

2. Darkened

2 1 3

5. Any cell

between

neighbours of

can be circled.

(e.g. 646)

6. A "triple" is a

special case of

sandwich. Circle

the centre cells.

and darken the

ANIMAL

DIG IN

KEY COKEY-WCE OF THE LOONIES!

DANCING LESSONS

£20

YOU WANT

FAST? HIRE

A PONY.

OH, I DON'T MEAN TO BE CURIOUS BUT THIS ROAD

S SO BAD IF YOUR TEETH

8

8 8

cells must

never be

a row or

column

a single

adjacent in

3. Unmarked

cells must create

continuous area.

undivided by

darken a

cell, you can

automatically

circle its vertical

neighbours, which

means they cannot

and horizontal

WHAT'S THAT?

darkened cells.

4. Every time you

repeat numbers by

# Planning a baby? Try this to boost your fertility

lthough many couples yearn for a child, parenthood doesn't happen quickly or easily for a few. Here are some steps to help improve fertility and increase your ability

Maintain a healthy balanced diet: Extremely high or low BMI leads to hormonal imbalances re sulting in infertility. Hence maintaining an optimal BMI is essential

Stop or avoid smoking and alcohol intake: Smoking adds 10yrs to your fertility age, causes ovulatory problems, reduces egg quality and sperm count and motility, causes erectile dysfunction (compared to non-smokers) and also affects sperm DNA. Alcohol intake reduces libido and decreases the percentage of normal sperms.

Cut back on caffeine and colas: Caffeine and cola causes reduced sperm motility. In women, the muscle activity in fallopian tubes that carry the egg from the uterus to the womb is also reduced

Have intercourse at the right time: The best time to conceive is during a woman's "fertile win-Ovulation occurs when the ovaries release an egg, which travels down the fallopian tube and survives for 12-24 hours. You can get pregnant if the egg fertilizes with a sperm, chances are highest within 24 hours of ovulation and one day before ovulation. But as the sperm can live upto three to five days in the reproductive tract, it's also possible to get pregnant by having intercourse in the five days leading upto ovulation.



• Reduce stress: As trying to get pregnant can be stressful, try to limit other stressors in personal and work life. Take time to relax by incorporating walking, yoga or meditation into your daily routine

 Avoid lubricants during intercourse: Studies show that most over-the-counter lubricants used to combat dryness during sexual intercourse, can affect the quality of sperms and reduce sperms' motility. Choose fertility-friendly lubricants instead.

 Avoid over-the-counter medications and sup**plements:** Talk to your doctor about any medica



you're taking and understand its effect on fertility. Take folic acid: This vitamin helps in preventing congenital disabilities. They are recommended to be taken three months before conceiving

and during the first few months of pregnancy. Visit an infertility specialist to rule out

significant problems and correct them: Undergo pre-conception counselling and general health eval uation to detect any significant abnormality, and take appropriate action, before planning a pregnancy. This ensures you are healthy to plan and carry a

Women who are 35 years and older, with irregular periods, with a history of pelvic infections, previous abortions or other health issues which may affect fertility or pregnancy should seek a specialist

Dr. Sneha Shetty, Consultant Reproductive Medicine DGO, Fellowship in Minimal Access Surgery, Fellowship in Reproductive Medicine &IVF - LONDON

Branches: Hitec City, Malakpet, Miyapur, Suchitra

Call: 8880 747474 Know more: www.hegdefertility.com

#### CINEMA

2

3

Vishal, Shraddha Srinath

An officer has to go on a mission to crack down on cyber-crime. A

ASIAN M CUBE 10.35AM, 10.40PM; AMBA 11.30AM, 2.30, 6.30, 9.30PM; **ASIAN MUKTA** (Narapally) 10.20AM, 1.45, 7.40, 10.45PM; **ASIAN GPR** 10.30AM, 1.50, 7.50PM; **ASIAN** CINEPLAENT 10.40AM, 4.20, 7.30PM; AMB CINEMAS 10.30AM. 1.20, 7.15, 10.45PM; **ASIAN CINESQUARE** 10.30AM, 1.35, 4.20, 7.45, 10.10PM; **BRAMARAMBA** 6.30, 9.45PM; **BVK MULTIPLEX** 1.55PM, 7.50PM; DEVI 11.00AM, 2.15, 6.00, 9.00PM; LAKSHMI (Shamshabad) 11.30AM, 2.30, 6.00, 9.00PM; **JY0THI** 11.00, 2.00, 6.00, 9.00PM; **MUKTA RAMAKRISHNA** 11.15AM, 2.30, 6.00, 9.00PM: MEGHA 11.15AM, 2.15, 6.15, 9.15PM: SHIVA GANGA 11.15AM, 9.15PM; **LAKSHMIKALA** 11.15AM, 6.15PM; **PRASADS** 10.15AM, 12.45, 8.30, 11.00PM; **RADHIKA** 4.30PM, 10.15PM; SHA 11 30AM 9 45PM: TARAKARAMA 2 15PM 9 00PM SREERAMANA 11.00AM, 2.00, 6.00, 9.00PM; VLS SRIDEVI 11.30AM, 2.30, 6.15, 9.15PM; TIVOLI CINEMA 11.15AM, 4.15, 10 00PM: VY.IAYANTHI 6 00 9 00PM: VLIFTHA 11 00 2 00PM VIMAL 6.15, 9.15PM; PLATINUM 10.50AM, 1.15, 7.00, 11.10PM; SAIRANGA 11.00, 2.00, 6.00, 9.00PM; SRISAIRANGA 11.00,

2.00, 6.00, 9.00PM; SRISAIPUJA 6.00, 9.00PM; SVR SHIV-

ASHAKTHI 11.00AM, 2.00, 6.00, 9.00PM; BHUJANGA 11.00AM

2

4 5 1 6 7 6 5 2

2) 5 (7)(1)(5)(4)(6)(8)

5 6 2 4 3 7 6 3

1 6 6 6 4 3 5 7

YES, BUT THEY'RE

COOKIE SWAF

UP TOO -

BUT IT WAS

HERE, NARDA

Rearrange the letters in the four word jumbles, one letter to each square/circle, to make four ordinary words

**SCRAMBLE** 

of the moment.

CRINKLES?

LIGHT FELL

I'D SWEAR I SAW SOME

BODY UP ON THE PLATFORM

LYEER

**KKIOS** 

**TONICS** 

**AERRPP** 

WHAT'S

LOTHAR THINKS IT

BUT I'M NOT SO

7 8 4 6 2 3

Connect adjacent dots with vertical or horizontal

lines that should surround it, while empty cells may

3. So we know the three lines of 3 can only be drawn in the remaining three

Hints: Keep eliminating possibilities by marking crosses in spaces

between dots where a line isn't possible, i.e., if you have already

completed required lines or where a line extension may create a

AND YOU LEAVE WITH PLATE OF OTHER PEOPLE'S COOKIES!

BUT THAT'S NOT A FAIR SWAP!

SOMERODY WAS

SUPPOSED TO

GET HURT

HOW TO PLAY

Now arrange the letters in the circles to form the answer to the riddle or

All our knowl-

edge has its

origins in our

- Leonardo da

Vinci (11)

FORTUNATELY, E HAVE THE GOOD MANNERS NOT

CHURCH DON'T!

OUTRAGE

TO MENTION

HE CHUR

-- BUT WHO?

LOTHAR.

OR ME 2

spaces. Next, these lines can only be extended in one direction each. Continue

lines, creating a single loop (Fig A). Crossovers or branches are not allowed

(As shown by dotted lines in Fig B). Numbers in the puzzle indicate the number of

any number of

lines around

zeroes.

solution.

You can't draw

Each puzzle has

just one unique

Example (Fig A)

Begin with the zero

next to 3. Since no

lines can be drawn

around zero, mark

as shown Now

there is a cross in

branch or cause a deadend (Fig B)

Allari Naresh, Varalaxmi Sarathkuma Surva Prakash is an under-trial prisoner who is languishing in jail awaiting judgement for a crime he did not commit. How does he

manage to escape his situation? AMB CINEMAS 10.20AM. 1.00. 7.35. 10.40PM: ASIAN M CUBE 1.45PM, 7.45PM; **ASIAN CINEPLANET** 4.45PM, 10.35PM; **ASIAN MUKTA** 1.45PM, 7.20PM; **ASIAN CINESQUARE** 10.25AM, 7.25PM: ASIAN GPR 10.40AM, 4.30, 10.25PM: BVK 11.00AM, 4.45PM; BIG CINEMAS 10.20AM, 1.25, 7.40, 10.40PM; CINEPOLIS SUDHA 11.00AM2.10, 7.50PM; CINEPOLIS DSL MALL (Uppal) 12:20PM, 3:45, 9:50PM; INOX GSM MALL 12:25PM, 3:50, 7:15, 10:40PM; INOX MP MALL 1:25PM, 7:25, 10:50PM; MIRAJ (Balangar) 101:5AM, 4:35, 11:00PM; MIRAJ (Chandangar) 3.45PM: MIRAJ SHALINI 101.5AM, 4.40, 11.00PM INOX GVK MALL 10.30AM, 3.45, 10.30PM; LAKSHMIKALA 2.30PM, 9.30PM; RADHIKA 10.30PM; PLATINUM MOVIE 12.15PM, 6.00, 10.30PM; PVR ICON 1.10PM, 7.35PM; PVR CEN-TRAL 10.45AM, 4.40, 10.50PM; PVR INORBIT MALL 1.30PM, 4.25, 10.40PM; PVR IRRUM MANZIL 12.45PM, 7.40, 9.45PM; PVR PRESTON PRIME 1.10, 7.35PM; PVR RK 11,00AM, 7.50PM; PRASADS MULTIPLEX 2.30PM, 5.15, 8.15, 11.00PM; PVR FORUM MALL 10.10AM, 1.20, 4.30, 7.40, 10.40PM; PVR MUSARAMBAGH 1.00PM, 7.05, 9.30PM; PVR NEXT GALLERIA

MALL 10.20AM, 1.30, 7.00, 10.40PM; SHIVA 2.15PM; SHA

2.45PM; SANDHYA 11.00AM, 2.00, 6.00, 9.00PM; S2 MALLAPUR 12.35PM, 7.05PM; SRISAIPUJA 11.00AM, 2.00PM; **TIVOLI CINEMA** 10.40AM, 1.50, 7.50PM; **VIJETHA** 6.00PM, 9.00PM; **VYJAYANTHI** 11.00AM, 2.00PM.

POGARII (II/A)

**Dhruva Sarja, Rashmika Mandanna**Shiv is someone who always stands up against injustice. When he gains the support of locals, it sets him

down a path he cannot return from.

ASIAN CINEMAS 10.25AM, 1.45, 7.00PM; ASIAN CINEPLANET 1.35PM; ASIAN CINESQUARE 1.15PM, 4.20. 10.20PM: ASIAN M CUBE 1.35PM, 10.10PM: ASIAN MUKTA (Narapally) 10.20AM, 4.20, 10.20PM; ASIAN GPR 4.45PM, 10.30PM; BVK MULTIPLEX 1.50PM, 10.50PM; BIG CINEMAS 10.05AM, 4.30, 7.15. 10.20PM; **INOX GSM MALL** 12.05PM, 3.40, 7.15, 10.50PM; **INOX MP MALL** 12.45PM, 6.55, 0.30PM; KUMAR 11 30AM 2 30 6 00 9 00P MIRA I (Balanagar) 2.25PM, 7.05, 10.45PM; **MIRAJ** (Chandanagar) 3.30PM 10.00PM; **MIRAJ SHALINI** 2.30PM, 7.10, 10.45PM METRO 11.30AM, 2.30, 6.00, 9.00PM; LAKSHMIKALA 11 15AM 6 15PM: BADHIKA 4 35PM: PRASADS MULTIPLEX 11.45AM, 8.00PM; PLATINUM 4.25PM, 7.50. 11.00PM: PVR CENTRAL 12.35PM, 3.55, 7.10. 10.10PM; **PVR INORBIT MALL** 11.45AM, 3.05, 6.25PM **PVR IRRUM MANZIL** 12.30PM, 3.50, 7.10, 10.30PM PVR PRESTON PRIME 7.10.10.30PM; PVR RK 2.25PM. 11.05PM; **PVR FORUM MALL** 10.50AM, 12.40, 4.00, 7.20, 10.40PM; **PVR MUSARAMBAGH** 12.45PM, 4.05 7.25, 10.45PM: PVR NEXT GALLERIA MALL 11.45AM 3.05, 6.25, 10.10PM; **TARAKARAMA** 11.15AM, 6.00PM; **SHIVAPARVATHI** 11.30AM, 2.30, 6.30, 9.30PM; **S2** MALLAPIR 11.25AM, 3.45, 10.15PM; SRINIVASA 11.00AM, 2.00, 6.00, 9.00PM; **SV CINESQUARE** 11.00AM, 2.00, 6.00, 9.00PM; **SANDHYA** 11.00AM,

9.00PM; **TIVOLI CINEMA** 1.40PM, 7.45PM. 58888 Code: kap

Sub-Inspector, Traffic Gautam is tired of the same old job and wants to transfer. He reopens a 40-year-old case when

2.00, 6.00, 9.00PM; VENKATASAI 11.00AM, 2.00, 6.00,

ASIAN CINEPLANET 10.45AM, 1.45, 7.35PM; ARJUN 10.50AM, 4.40, 7.35, 10.30PM; ASIAN CINESOUARE 10.40AM1.20, 4.45, 7.15PM; **ASIAN MUKTA** (Narapally) 10.45AM, 1.20, 7.45, 10.35PM; **ASIAN GPR** 1.30PM 7.20PM: BVK MULTIPLEX 10.50AM. 10.45PM: BIG CIN-EMAS 10.10AM, 1.15PM; CINEPOLIS (Malkajgiri) 10.40AM, 4.30, 10.40PM; CINEPOLIS SUDHA 10.40AM, 4.25, 10.10PM; CINEPOLIS (Attapur) 1.10PM, 4.30. 10.15PM; CINEPOLIS DSL MALL (Uppal) 12.40PM, 6.45, 10.05PM; MIRAJ (Chandanagar) 3.15PM, 9.30PM; MIRAJ (Balanagar) 10.45AM, 1.25, 7.45PM; KONARK 11.15AM, 2.15, 6.15, 9.15PM; **LAKSHMIKALA** 11.15AM, 2.30, 6.15, 9.30PM; **INOX GSM MALL** 11.45AM, 3.20, 6.55, 10.30PM; **INOX MP MALL** 10.10AM, 1.40, 7.50PM; **S2 MALLAPUR** 1.00PM, 7.15PM; **SAPTAGIRI** 11.00AM, 2.00, 6.00, 9.00PM; INOX GVK MALL 11.25AM, 3.00, 6.35, 10.10PM; PVR NEXT GALLERIA MALL 11.55AM, 1.25, 7.35, 10.50PM; PRASADS 11.30AM, 5.15, 11.00PM; PVR MUSARAMBAGH 1.55PM, 3.05, 10.45PM; RADHIKA

.30PM, 7.20PM; **PVR ICON** 4.20PM, 6.45, 10.00PM;

10.50PM; PLATINUM 10.10AM, 2.46, 8.10PM; PVR IR-

RUM MANZIL 1.10, 4.25, 10.50PM; PVR CENTRAL

6.30PM: SHIVA 6.15PM: TIVOLI CINEMA 10.50AM 4.45, 10.45PM; **PVR INORBIT MALL** 10.15AM, 1.10, 7.35, 10.50PM; **VIMAL** 11.15AM, 2.15PM; **PVR PRE-**STON PRIME 4,20PM, 10,45PM.

Vijay Sethupathi, Vaisshnay Tei, Krithi Shetty

A boy from the fishing community falls for an upper-class girl. The couple has to fight social stigma, political opession and her father to find a way to be together.

AMB CINEMAS 10.40AM, 1.40, 4.40, 7.40, 10.40PM; ASIAN CINEPLANET 10.30AM, 1.30, 4.25, 7.20, 10.20PM: ASIAN MUKTA (Narapally) 10.40AM, 1.35 4.35, 7.30, 10.25PM; **ASIAN M CUBE** 10.40AM, 1.35, 4.30, 7.25, 10.20PM; **ASIAN MUKUND** 11.00AM, 2.00, 6.00 9.00PM: BR HITECH 11.00AM 2.00 6.00 9.00PM BIG CINEMAS 1.05PM, 4.20, 7.20, 10.30PM; ASIAN GPR 10.50AM, 1.35, 4.35, 7.35, 10.35PM; ASIAN CINESQUARE 10.45AM, 1.40, 4.35, 7.35, 10.30PM; BVK MULTIPLEX 11.00AM, 1.55, 4.50, 7.45, 10.45PM; CINEPOLIS SUDHA 10.00AM, 1.10, 3.50, 4.20, 7.30, 10.40PM: CINEPOLIS DSL MALL (Uppal) 11.30AM 12.30, 3.00, 4.00, 6.15, 7.20, 10.30PM; **INOX GSM MALL** 11.15AM, 11.45, 1.00, 3.10, 420, 6.35, 7.40, 9.00, 10.00, 11.00PM: INOX GVK MALL 11.00AM, 1.15, 2.30, 6.00 .10, 9.30, 10.40PM; **GANESH** (Shamshabad) 11.15AM, .15, 6.00, 9.00PM; **INDRA VENKATARAMANA** 11.30AM, 6.00, 9.00PM; INOX MP MALL 11.20AM 12.45, 2.50, 6.20, 7.15, 9.50PM; **MIRAJ** (Balanagar, 10.00AM, 1.10, 4.20, 7.30, 10.40PM; **MIRAJ** (Chandanagar) 12.00PM, 7.15, 10.15PM; MIRAJ SHALINI 10.00AM 1.15, 4.30PM; **MALIKARJUNA** 11.15AM, 2.30, 6.15 9.30PM; **GOKUL** 11.15AM, 2.15, 6.15, 9.15PM LAKSHMIKALA 2.30PM, 9.30PM; SHIVA GANGA 11.00AM, 2.00, 6.00, 9.00PM; **RADHIKA** 10.40AM, 1.40, 4.40, 7.30, 10.25PM; **PRASADS MULTIPLEX** 11.45AM, 2.30, 5.15, 5.45, 8.00, 10.45PM; PLATINUM MOVIE 9.30AM, 10.20, 11.00, 1.30, 3.10, 4.00, 7.35, 10.00PM CENTRAL 10,20AM, 11,10, 1,30, 4,40, 7,50, 10,25 11.00PM; PVR INORBIT MALL 10.20AM, 11.30, 1.30, 2.40, 3.50, 4.40, 7.00, 7.50, 10.10, 11.00PM; PVR IR-RUM MANZIL 12.00PM, 3.10, 4.20, 6.20, 7.30, 9.30, 10.40PM; PVR PRESTON PRIME 1.30PM, 4.40, 7.50, 11.00PM; PVR RK 1.10, 4.20, 7.30, 10.40PM; PVR FORUM MALL 10.00AM, 11.15, 1.10, 2.25, 4.20, 5.05, 7.30, 8.00, 10.40, 11.10PM; **PVR MUSARAMBAGH** 12.00PM, 3.10, 4.10, 5.10, 6.20, 7.20, 10.30PM; **PVR NEXT** GALLERIA MALL 10.20AM, 11.30, 1.30, 2.40, 3.50, 4.40 7.50, 9.45, 11.00PM; **SRISAIRAM** 11.15AM, 2.30, 6.15, 9.30PM; **S2 MALLAPUR** 10.20AM, 1.30, 4.40, 7.50,

★ Trash ★½ Poor ★★ Below Average ★★½ Average \*\*\*\* 1/2 Very Good + \*\*\* \* Outstanding

10.00, 11.00PM: SREERAMULU 11.30AM, 2.30, 6.30

9.30PM; **SRIKRISHNA** 11.00AM, 2.00, 6.00, 9.00PM; **SUPER** 11.00AM, 2.00, 6.00, 9.00PM; **SUSHMA** 11.15AM, 2.15, 6.15, 9.15PM; **SVC SANGEET** 11.00AM,

2.00, 6.00, 9.00PM; **SHA** 11.15AM, 2.30, 6.15, 9.30PM; **TIVOLI CINEMA** 10.45AM, 1.40, 4.40, 7.40, 10.40PM;

VISHWANATH 11.45AM, 2.45, 6.45, 9.45PM,

reflect the actual shows running in theatres on account of mid-week changes in schedules, which have either not been communicated to us, or not communicated i caused to readers on this account is regretted, the responsibility for it is the individual theatre/ multiplex's

#### Get movie details on mobile

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#### SMS your movie reviews/ratings

• Type rev <space> short code of movie as given under each movie name <space> your name <space> your rating (choose from 1,1.5,2,2.5,3,3.5,4,4.5 or 5) <space> • Add your comments if any and send to 58888. Eg: rev rar 2.5 Average movie. To read your review, go to review.timesofindia.com

# THE BETTER HALF



"I'm not lazy! I prefer to think of myself as the Jedi Master of Stress Management!

#### **MINDBENDER**

I am a path situated between high natural masses. Remove my first letter & you have a path situated between man-made masses.

What am I?

### **HEALTH CAPSULE**

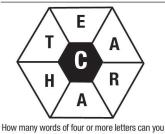
OW LONG DOES IT TAKE FOR SALT TO RAISE MY BLOOD PRESSURE?



PARTICIPANTS WERE GIVEN A MEAL CONTAINING 4 GRAMS OF SALT, MUCH MORE THAN YOU'D FIND IN A TYPICAL MEAL. THIS AMOUNT OF SALT IMMEDIATELY CAUSED A SPIKE IN ARTERIAL SODIUM AS WELL AS AN INCREASE IN BLOOD

#### **SPELLATHON** Today's Ratings:

17-average | 19-good | 21-outstanding



make from the letters shown in today's puzzle?

#### **SOLUTIONS TO GAMES/PUZZLES**

## TIMES SUDOKU

**SCRAMBLE** 

in our perceptions. - Leonardo da Vinci reach, react, retch, teach, trace, TRACHEA Answer: All our knowledge has its origins chart, chat, cheat, crate, each, etch, race, ache, acre, arch, carat, care, cart, cater, char Mords: Leery, klosk, tocsin, rapper

## inolexpipes.com | 1800 200 3466 t anupamvkapil@gmail.com or sms on 9822042295.

are diamond, ruby, topaz and garnet. You share your birthday with: Shahid Kapoo

at work will give you an indication that your efand outdoor activity.

CANCER June 21 - July 21 A good day to start new projects. Intensify career concerns. Be discriminating and don't give into the temptation of impulse buying. Slow down and take your time with tasks, and proofread to catch errors. LEO July 22 - August 21 The sensitive side of you tells you that this is a step forward for you on your spiritual path, but the logical side of you might be causing you to doubt the reality of it. Be more decisive. Family matters will be im-

VIRGO August 22 - September 21 Mentally,

LIBRA September 22 - October 22 You see the light at the end of the tunnel. You are high

concentrate on finishing up old tasks and chores

rewarding day. Things are getting started without the careful planning that you feel is neces-

Get out and socialise but complete your work first. There is a great deal of fiery energy in the cosmos helping you along in your quest for the new and fresh. Plan a quiet day for escape.

to relax and spend time with family and escape from stress. Energetic Mars aspects your sign and will help you get things done. But, plans may go awry, bringing confusion. A serious approach is needed. Don't neglect your responsi**bilities** 

Outstanding value : NOITUOS

AQUARIUS January 20 - February 18 Get moving. Be adventurous and strike out into new territory. Use your power to your advantage. Your own doubt is likely to seriously hinder a project. You become more action-oriented

Try not to be stubborn and inflexible.

## CAPRICORN December 21 - January 19 Try

a good time to listen to your intuition. Your mind may not have its usual sharpness, and you may be easily distracted. You will be more secretive.



# PRESSURE

In making a word, a letter can be used as many times as it appears in the puzzle. Each word must contain the central letter. There should be at least one seven letter word. Plurals, foreign words and proper names are not allowed. British English Dictionary is used as reference.

#### LOOP THE LOOP TIMES HITORI

MINDBENDER

forts are fully appreciated. This week, friends will be more likely than usual to come to you for advice. Things are peaceful on the home front. TAURUS April 19 - May 19 You are loath to take risks without at least some guarantees. Decisions need to be well thought out and long-term implications weighed up against short-range benefits. Cash constraints must be factored in. GEMINI May 20 - June 20 Today is not a day to worry about consequences. Don't overlook responsibilities to someone close. Take care of errands and make contact with friends. There will be success in business. Be serious and dedicated to your work. Try to fit in some exercise

ARIES March 20 - April 18 Positive feedback

you might find that you are a bit vague today. Take the lead and try not to get thrown off track by leeches and party poopers. You will be passionate and flirtatious, but you should keep your commitments in mind before acting on the spur

from your recent successes may want you to go crazy purchasing luxury items that you might previously have not felt were practical. SCORPIO October 23 - November 20 Try to

and tying up loose ends in order to make this a SAGITTARIUS November 21-December 20

PISCES February 19 - March 19 This will be

Find the familiar phrase, saying or

name in this arrangement of letters.

ĀLUE

**SPELLATHON** 

## he monotonous routine of your life will make you feel low. Listen to good music and relax. Tip: Your lucky colours are crimson, red, gold, orange, yellow and golden brown. Your lucky gems